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## Tour Planning for Cross-Border Cambodia and Laos Tour possible in dry season

**Starting** : Phnom Penh Cambodia  
**Return** : Siem Reap Cambodia  
**Distance** : 11 days trip – 2000km plus (6days in Cambodia and 5 days in Laos)  
**Rider** : Between 1 - 8 riders  
**Level** : Easy – Medium - Hard

### Highlights:

#### North east of Cambodia

Rural life following the Mekong River  
Ancient temples, Koker, Neah Booah, Preah Vihear  
Irrawaddy dolphins in the Mekong  
Remote villages, jungle and river crossings  
Ethnic hilltribes, wild elephants, waterfalls and rubber plantations  
National parks and mountain areas

#### South of Laos

Laos rural life and remote villages  
Ancient temple Wat Pou  
4000 islands and Khong Island  
Mekong waterfalls and Irrawaddy dolphins  
National protection area and Kingfisher lodge  
Tad Fane, Tadlo, Katamtok waterfalls and Pha cave

### Trip planning

- Day 1 – Phnom Penh – Kratie**  
(Cambodian rural life following the Mekong River, dirt road and some tarmac road, the Irrawaddy dolphins in the Mekong river)
- Day 2 – Kratie – Mondulkiri**  
(Busra Waterfall, Ethnic hilltribes, Jungle, remote villages, sandy trail and some tarmac road)
- Day 3 – Mondulkiri – Ratanakiri**  
(Gem mining villages, jungle, remote villages, river crossing dugout canoes, dirt road and trail)
- Day 4 – Ratanakiri – Stung Treng**  
(Visiting waterfalls, volcanic-lake, tribal villages, stone mine, dirt road and trails)



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- Day 5 – Stung Treng – Cambodia/Laos border – Attapue**  
(Jungle, remote villages, wild elephants, waterfalls, sandy and rocky trails)
- Day 6 – Attapue – Sekong – Salavan**  
(Remote villages, Ethnic hilltribes, waterfalls, sandy, rocky trail and tarmac)
- Day 7 – Salavan – Pakse**  
(The Bolaven Platteou, waterfalls, sandy, rocky trails and tarmac)
- Day 8 – Pakse – Dong Khone**  
(Wat Pou, Rest of the day in the island, trekking, swimming)
- Day 9 – Dong Khone – Border Laos/Cambodia – Stung Treng**  
(Water rapids in the Mekong river, the 4000 islands, riding along the Mekong river through rural areas and remote villages, gravel, tarmac)
- Day 10 – Stung Treng – Preah Vihear**  
(Remote villages, ancient temples Prasath Neah Booah and Preah Vihear, river crossings, dirt road, gravel roads)
- Day 11 – Preah Vihear – Koker – Siem Reap**  
(Remote villages, ancient temples Koker, river crossings, dirt road, gravel roads and tarmac)

### Accommodation

- Night 1** Hotel, air con, sat TV, hot water/showers
- Night 2** Nature Lodge, basic comfort but hot shower
- Night 3** Hotel, air con, sat TV, hot water/showers
- Night 4** Hotel, air con, sat TV, hot water/showers
- Night 5** Guesthouse, basic comfort
- Night 6** Guesthouse, air con, sat TV, hot water/showers
- Night 7** Hotel, air con, sat TV, hot water/showers
- Night 8** Hotel, air con, sat TV, hot water/showers
- Night 9** Guesthouse, basic comfort
- Night 10** Guesthouse, basic comfort



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### Distance

<b>Day 1</b>	Phnom Penh bis Kratie	215km
<b>Day 2</b>	Kratie bis Senmonorom	195km
<b>Day 3</b>	Sen Monorom bis Ban Lung	185km
<b>Day 4</b>	Ban Lung bis Stung Treng	185km
<b>Day 5</b>	Stung Treng bis Attapue	270km
<b>Day 6</b>	Attapu bis Salavan	145km
<b>Day 7</b>	Salavan bis Pakse	115km
<b>Day 8</b>	Pakxe bis Dong Khone	140km
<b>Day 9</b>	Dong Khone bis Stung Treng	90km
<b>Day 10</b>	Stung treng bis Chaom Khsant	170km
<b>Day 11</b>	Choam Khsant bis Siem Reap	240km
<b>Total km:</b>	1950 plus	